



# Dr. April Lynn James

Soprano, Speaker, Best-selling Author

Affectionately known as The PhDiva!!!, Dr. April is a classically trained soprano with a PhD from Harvard. Her “delightfully readable” book, *The Tenth Muse: How Maria Antonia Advanced the Pastoral Opera* debuted at #1, and is an international best-seller. Although she grew up taking vitamins and doing yoga, only during her doctoral studies did she begin her holistic wellness journey in earnest, in order to heal from stress-induced weight gain, depression, and tendonitis. The “Decade of Awfulness” following graduate school took her further along this path, leading to encounters with her guardian angel, Madison Hatta, Sonneteer, with whom she continues to collaborate in creating poetry and Wonderland-inspired Whimsical Things. She expands people’s horizons with **uncommon knowledge** so that they become happier and healthier.



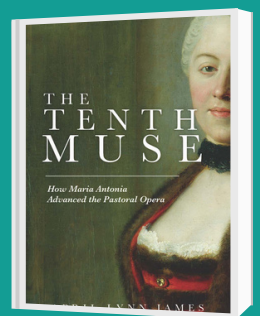
## SIGNATURE TALK

### ✓ Be ExtraOrdinary

How one woman’s search for role models took her across the ocean and down the rabbit hole, and what it taught her about love, life and well-being.

## #1 NEW RELEASE

The Tenth Muse:  
How Maria Antonia  
Advanced the  
Pastoral Opera



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